



**JACK & JILL**

EARLY CHILDHOOD LEARNING

www.jackandjill.edu.com

# Jack and Jill Early Childhood Learning Week of July 8-12, 2024

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>Breakfast</b></p> <p>Apple Cinnamon Toasted Banana *Milk</p>	<p><b>Breakfast</b></p> <p>Whole Wheat Bread with Soy Nut Butter Applesauce *Milk</p>	<p><b>Breakfast</b></p> <p>Corn Flakes Peaches *Milk</p>	<p><b>Breakfast</b></p> <p>Yogurt w/Granola Blueberry Cup *Milk</p>	<p><b>Breakfast</b></p> <p>Crispy Rice Cereal Bananas *Milk</p>
<p><b>Lunch</b></p> <p>Cold Tuna Salad Sandwich on Whole **Grain Schubert Roll Fruit Cocktail Peas *Milk</p>	<p><b>Lunch</b></p> <p>Lemon Pepper Chicken &amp; with Rice Side Cooked Carrots Pineapple *Milk <b>SA: Bag Lunch Blaine and Pro's</b></p>	<p><b>Lunch</b></p> <p>Beef Burger on **Whole Grain Schubert Roll Baked French Fries PS: Apple Slice Inf/Tods: Applesauce *Milk</p>	<p><b>Lunch</b></p> <p>Ground Turkey Meatloaf **Whole Grain Breadstick Green Beans Mixed Fruit *Milk <b>SA: Bag Lunch for SA K-2</b></p>	<p><b>Lunch</b></p> <p>Refried Bean &amp; Co-Jack Cheese **Whole Grain Tortilla Fresh Fruit Side Corn *Milk</p>
<p><b>Snack</b></p> <p>House Made Trail Mix Juice and Water Infants-Milk</p>	<p><b>Snack</b></p> <p>**Whole Grain Gold Fish Crackers Juice and Water Infants-Milk</p>	<p><b>Snack</b></p> <p>Applesauce w/Granola Juice and Water Infants-Milk</p>	<p><b>Snack</b></p> <p>Animal Crackers Juice and Water Infants-Milk</p>	<p><b>Snack</b></p> <p>Cheese Slice &amp; Saltines Juice and Water Infants-Milk</p>

\*Unflavored 1% \*Milk Served to Children Age 16 months to School Age; Unflavored Whole \*Milk Served under 16 months

\*\*Serving meets the whole grain-rich criteria nutrition daily requirement

Serving Sizes: Ages 1-2 \*Milk: ½ cup Grain: ½ serving Protein: 1oz Fruit/Vegetable: ¼ cup

Ages 3-5 \*Milk: ¾ cup Grain: ½ serving Protein: 1.5oz Fruit/Vegetable: ½ cup

Ages 6-12 \*Milk: 1 cup Grain: 1 serving Protein: 2oz Fruit/Vegetable: ½ cup \*Protein, fruit and vegetable