



JACK & JILL

EARLY CHILDHOOD LEARNING

www.jackandjill.edu.com

Jack and Jill Early Childhood Learning Week of June 17-21, 2024

Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast Whole Wheat Squares Banana *Milk	Breakfast Oatmeal Applesauce Cup *Milk	Breakfast Toasted Oats Pineapple Cup *Milk	Breakfast Corn Flakes Cereal Banana *Milk	Breakfast Fruit Muffin Applesauce Cup *Milk
Lunch **Whole Grain Pasta with Ground Beef & Marinara Cooked Carrots Fresh Fruit *Milk	Lunch Grilled Cheese on **Whole Grain Schubert Roll Tomato Soup Peaches *Milk SA K-2 Bag Lunch Pro's Walking Tacos	Lunch House made Cheese Whole Wheat Pizza Green Beans Sliced Warmed Apples *Milk	Lunch Sliced All Beef Hot Dog and Baked Beans **Whole Grain Breadstick PS: Oranges Inf/Tods: Mandarin *Milk SA: Hot Dog in Bun SA Pro's Snack Lunch for Twins Game	Lunch Refried Bean & Co-Jack Cheese **Whole Grain Tortilla Corn Pineapple *Milk SA K-2 Both Sites Walking Tacos
Snack Hummus & Veggies/Crackers Juice and Water Infants-Milk	Snack Oyster Crackers Juice and Water Infants-Milk	Snack **Whole Grain Graham Crackers *Milk	Snack Crispy Rice Bar Infants: Banana Juice and Water Infants-Milk	Snack **Whole Grain GoldFish Cracker Juice and Water Infants-Milk

*Unflavored 1% *Milk Served to Children Age 16 months to School Age; Unflavored Whole *Milk Served under 16 months

**Serving meets the whole grain-rich criteria nutrition daily requirement

Serving Sizes: Ages 1-2 *Milk: ½ cup Grain: ½ serving Protein: 1oz Fruit/Vegetable: ¼ cup

Ages 3-5 *Milk: ¾ cup Grain: ½ serving Protein: 1.5oz Fruit/Vegetable: ½ cup

Ages 6-12 *Milk: 1 cup Grain: 1 serving Protein: 2oz Fruit/Vegetable: ½ cup *Protein, fruit and vegetable

