



# Jack and Jill Early Childhood Learning

## May 27-May 31, 2024

Monday	Tuesday	Wednesday SA Graduation	Thursday Blaine Graduation	Friday
<b>Breakfast</b>  Center Closed	<b>Breakfast</b>  Crispy Rice Cereal Pears *Milk	<b>Breakfast</b>  **Whole Grain Oatmeal Blueberry Cup *Milk	<b>Breakfast</b>  Fruit Muffin Mixed Fruit Cup *Milk	<b>Breakfast</b>  Corn Flakes Cereal Applesauce Cup *Milk
<b>Lunch</b>  Memorial Day	<b>Lunch</b>  Cheese & Refried Bean Quesadilla on **Whole Grain Tortilla Side Carrots Pineapple *Milk	<b>Lunch</b>  **Whole Grain Ground Turkey Pasta & Cheese Side Green Beans PS: Oranges Inf/Tods: Mandarin *Milk	<b>Lunch</b>  Broccoli, Chicken Cream Soup **Whole Grain Breadstick Banana *Milk	<b>Lunch</b>  House Made Whole Wheat Cheese Pizza Cooked Peas Banana *Milk
<b>Snack</b>  Center Closed	<b>Snack</b>  Oyster Crackers Juice and Water Infants-Milk	<b>Snack</b>  Homemade Corn Muffin Juice and Water Infants-Milk	<b>Snack</b>  Animal Crackers Juice and Water Infants-Milk	<b>Snack</b>  **Whole Grain Graham Cracker Juice and Water Infants-Milk

\*Unflavored 1% \*Milk Served to Children Age 16 months to School Age; Unflavored Whole \*Milk Served under 16 months

\*\*Serving meets the whole grain-rich criteria nutrition daily requirement

Serving Sizes: Ages 1-2 \*Milk: ½ cup Grain: ½ serving Protein: 1oz Fruit/Vegetable: ¼ cup

Ages 3-5 \*Milk: ¾ cup Grain: ½ serving Protein: 1.5oz Fruit/Vegetable: ½ cup

Ages 6-12 \*Milk: 1 cup Grain: 1 serving Protein: 2oz Fruit/Vegetable: ½ cup \*Protein, fruit and vegetable